

certificate in reiki therapy

can start in term 1 or term 3 2019

overview 2019

Accredited with the International Institute of Complimentary Therapists (IICT)

The Certificate in Reiki Therapy provides you with essential attunements, skills and training required to set up as a Reiki practitioner. This course is suitable for beginners in the field of energy healing, personal exploration, or for current practitioners as an additional tool to your current practice.

Course structure

Reiki 1: 2-day weekend workshop

Reiki 2: 2-day weekend workshop

Reiki Master: 3-day weekend workshop

min 2 x Reiki Circles: evenings

Soul Centred Communication Skills 1: 2-day weekend workshop

This program is offered as 4 x weekend workshops plus 2 evenings. It consists of theory, explanation, demonstration, reiki attunements, practical exercises and discussion. This is an experiential course and an important part of achieving the outcomes of the course will be students' participation and application of the processes. To attain the certificate, there is an attendance requirement plus participation and observation of technique throughout each workshop.

Subjects

Reiki 1

Do you wish to experience more joy, love and compassion? The healing art of Reiki teaches us to work in balance and harmony with the Universal Life force, allowing energy to flow through us and be of benefit unconditionally to self, others, animals and our environment. Reiki is much more than a therapeutic tool, it is a path of self-empowerment, a spiritual journey inviting us to be deeply centred in the heart. Practicing Reiki we develop greater connection with our true nature. As you radiate love and joy, it allows others to connect with their own love, joy and healing.

Pre-requisites: nil

Reiki 2

Part 2 builds on Reiki 1, helping you develop greater awareness of the Oneness of being, our connection with All that is, in a profound space of unconditional love. Further enhance your Reiki skills for yourself or within a therapeutic setting and as a path of spiritual development. In this course we explore the meaning and application of the traditional Reiki symbols, as taught by Mikao Usui. These symbols are tools supporting clear focus and intent. Through practical experience, meditation and chi moving exercises, participants will learn about distant healing for self, others, situations, 'space clearing' and continue their 'hands-on' healing work.

Topics include:

- Meditation
- The role of the Reiki symbols as energetic mandalas.
- Reiki Level II attunement.
- Connecting and working with the Reiki II symbols
- What is distant healing and how does it work?
- Practical exercises in distant healing for others
- Working with Mikao Usui's exercises to support conscious chi movement through the body
- Broadening the applications of distant healing to self and personal development work, situations, animals, children, world events, environments
- Practical exercises

Pre-requisites: Reiki 1

Reiki Circles

Reiki Circles may be commenced after completion of Reiki 1 and are held over one evening. They offer an opportunity to practice your Reiki healing and glean guidance as you hone your craft. A min of 2 circles must be attended.

accredited practitioner program

Reiki Master

This workshop is a profound deepening of the Reiki experience. Working with Reiki is a spiritual practice, which assists us in developing greater compassion and acknowledging our oneness with all. Connecting closely with the original philosophy of Dr Mikao Usui this workshop incorporates meditation, energetic healing practices and chi moving exercises. The four Reiki symbols will be explored and their relationship with the Reiki attunement. You will learn and practice the Reiki attunement process, understanding the effect of conferring attunements for self and others and supporting its integration. There is also a focus on understanding what is involved in facilitating a Reiki Workshop.

Pre-requisites: Reiki 1 + Reiki 2

Soul Centred Communication Skills 1

Learning how to work with clients and their presenting issues is part of effective healing practice. In this subject you will learn about the basic theory and frameworks of soul centred counselling and practise the fundamental mind-body skills and methods in a supportive environment. You will learn how to be with, hold and support the integration of a client's process to enable them to connect with a different level of their experience.

Pre-requisites: Nil

Mentoring and energy healing sessions

Mentoring: Energy Healing and Energy Psychology sessions are available for individual and personal support at the Awareness Clinic. Discounted fees are available for students enrolled in Certificate or Diploma programs.

Exemptions

Students who have completed Reiki 1 and/or 2 will be granted recognition of prior learning (RPL) upon provision of documented proof. A minimum of 75% of the program is to be completed at Awareness Institute for a Certificate to be awarded.

**Reiki 2 or Reiki Master attended at Awareness Institute can be used as an elective option for the Diploma of Energy Healing.