

certificate in channelling and mediumship

1 year program . starts feb 2017

overview 2017

What is intuitive channelling and mediumship?

Mediumship training is learning the language of the universe and all the special beings within it and who are waiting and eager to bring you messages! Whether it be loved ones on the other side, angels or spirit guides, you will learn how to tune into them and pass on the profound messages of healing and inspiration they have to give. Channelling is a deeper process of communication that allows you to access higher levels of universal wisdom and pass it on for the benefit of yourself and all those around you.

Who is this course for?

This course is for people that feel that there is more to life than just the physical and want to reach into the spiritual realms to deepen their knowledge and understanding of themselves, spirit communication and the universe as a whole. If you feel like you are missing something in your life that you feel you might find by exploring the spiritual realms, this course is for you. Exploring the unlimited wisdom of the universe will help you to bring through messages that will often bring with it an inner healing and understanding that is the missing piece of the puzzle that you and all those around you have been waiting for.

What makes this course unique?

This course is based on not only opening up and connecting with the universe through your loved ones in spirit or spirit guides, but understanding how you work with your intuition in everyday life. This deep and profound connection will bring you inspiration and healing that will impact all areas of your life including life purpose and relationships.

The vast experience of the teachers of this program bring channelling and mediumship into the real world through energy techniques that everyone can use.

Course structure

This is a one-year part time program across four terms. Classes are offered as weekly evening or morning and weekend workshops.

Subjects:

Term 1

Awaken your Intuition: 2-day workshop

Intuitive Awareness 1: 8 weekly classes (day or evening)

Term 2

Mediumship & Spiritual Development: 6 evenings or 5 mornings plus 1 Sunday

Soul Centred Communication Skills 1: 2 days

Term 3

Channelling & Connection:

6 evenings or 5 mornings plus 1 Sunday

Mediumship and Intuition Practice Circles*

Term 4

Trance Channelling: 6 evenings

Mentoring and Practical: 1 day

Mediumship and Intuition Practice Circles*

*attendance at a min of 2.

Subject descriptions

Term 1

Awaken your Intuition

This course is for anyone who has wanted to learn how to develop their intuitive abilities or to enhance their current intuitive skills. You may be thinking of using your natural intuitive ability to enhance your personal and/or work life or to develop an income stream by offering people readings. We all have a natural intuitive ability, it is just that for most people it is a skill that has been forgotten or perhaps a bit neglected.

Topics include:

- Exploration of the different types of psychic techniques
- What does it mean to be present
- Focusing intention
- How to stay grounded
- Space clearing and creating your intuitive space
- Opening your intuitive senses: the meta skills
- Learning to see the auric field

- Higher self connection for greater wisdom
- Journey to the akashic records
- Experiential clairvoyance and clairaudience
- Experiential clairallience and clairambience
- Connecting with your spirit guides
- Experiential Claircognisance
- Experiential insight through oracle cards
- Working with higher guidance – the angelic realm
- Dreams as an intuitive tool
- Telepathy and remote viewing
- Divination – psychic tools and how to use them
- Automatic writing and inspirational writing
- Interpreting psychic doodles and drawings

All classes start with a guided meditation and include experiential exercises.

The course is run in a small supportive and fun group environment with plenty of opportunity to practice.

Pre requisite - none

Intuitive Awareness 1 – Intuition, Chakras & Energy Fundamentals (day and evening classes available in term 1 + term 2)

Subject 1 is about establishing a foundation, which is built on in the future terms. We all have natural intuitive abilities, but sometimes we become disconnected from them if they are not appreciated or acknowledged. This term enables the student to explore and development their intuitive awareness in a safe and supportive environment.

Students will also learn practical skills to enhance and maintain energy levels, create calming and sacred spaces and promote a feeling of peace and wellbeing. Working with the power of intention provides greater clarity, focus and direction. Weekly chakra exercises enable the release of energy, awakening greater awareness and insight.

There are 8 x 2.5 hour weekly classes. Topics include:

- Understanding intuitive awareness and its use in daily life
- The power of intention

- The body's subtle energy system that supports our intuition and wellbeing
- Relating to the 7 major chakras (weekly exercises)
- Grounding energy
- Energy leaks and enhancing energy levels
- Establishing a supportive environment
- Creating a sacred space
- Mind body connection
- Brain frequencies and intuitive senses
- Natural occurring altered states of consciousness

Pre requisite: none

Term 2

Mediumship & Spiritual Development

Mediumship is the next level of working with your intuition that will see you connecting with and bringing through inspiring messages from spirit guides, passed on loved ones and many other spiritual beings.

You will learn how to tune into the amazing wisdom of the universe, which will not only help the people that you are reading for, but bring a deeper understanding of your own purpose and life lessons.

The inspiration and benefit mediumship and channelling will bring you in all aspects of your life is limitless and something that helps you to tune into your untapped potential.

This course includes a lot of practise and fine tuning of your abilities that will help you to feel confident in your intuition and life in general.

In this course we will explore:

- The differences between mediumship and channelling and the many different techniques used to bring through inspirational messages.
- A deepening of your communication skills and abilities to bring through messages from your spirit guides and angels.
- Furthering your practical skills in communicating with, and bringing through messages from, loved ones who have passed.

- How to find your own, individual style of communicating with the spirit world, bring forth their messages and communicate that to others.
- Advanced techniques to hone your skill level with all the psychic senses.
- Further exploration of the psychic tools you may already be using, e.g. psychometry and automatic writing, and how to truly make them a part of your Mediumship and Channelling practice.

Pre requisite: Awakening your Intuition or Intuitive Awareness 3

Soul Centred Communication Skills 1

Learning how to work with clients and their presenting issues is part of effective practice. In this subject you will learn about the basic theory and frameworks of soul centred counselling and practise the fundamental mind-body skills and methods in a supportive environment. You will learn how to be with, hold and support the integration of a client's/groups process to enable them to connect with a different level of their experience.

Pre requisite: none

Term 3

Channelling and Connection

This course will start off increasing your channelling skills as we will practise more advanced techniques. It will help you to create a deeper connection with the spirit world and bring through clearer inspirational messages for yourself and others.

Then we will move onto learning one of the most sacred and special spiritual techniques, trance mediumship.

It is when your spirit guides and other beings link their consciousness with a medium's, allowing the spirit guide limited control over the medium's body. This allows the medium to bring through more inspired and powerful messages from the spirit world, directly from the source. This is a sharing of mental and physical energies with a spirit guide, not full possession of the body like in the movies!

The deeper connection with your spirit guides through trance mediumship is one of the most beautiful and special experiences you can ever

have. The amazing messages that come through from spirit world using trance mediumship are truly a blessing for all that hear them.

Pre requisite: This is an advanced channelling course. Enrollment is by short interview with the course facilitator.

Mediumship and Intuition Practice Circles

The purpose of the practice circles is to delve into the deeper levels of technique. By exploring how you typically sense things, ie visual, auditory etc you will hone and expand into other ways of sensing and experiencing. Attendance at a minimum of 4 Circles are required.

Term 4

Trance Channelling

This course follows on from the Channelling and Connection course, enhancing your skills in trance and delving into trance healing. Trance healing is the amazing process of blending your aura energy with your spirit guide and other universal energies, giving the person you are healing the highest vibration and strongest healing energy possible.

The healing power of trance will be discussed exploring how it can help you to create a deeper connection with the spirit world and even your own aura and body. This is amazingly beneficial for bringing through deep and strong healing energy for yourself as well as all the people you are healing. This sacred and special way of deep healing is amazingly beneficial to learn even if you just want to use it on yourself and your loved ones.

The deeper connection you achieve with your spirit guides and other universal energies through trance healing is one of the most beautiful and special experiences you can ever have, as well as being deeply healing. Who wouldn't want to cut out the middle man (your mind) and get direct healing from the universe?

Pre requisites: This is an advanced channelling course. Enrollment is by short interview with the course facilitator.

Mentoring and Supervision – Certificate students

All the theory in the world doesn't make up for first hand experience and insight. That's what your lecturer offers in this one day workshop. Topics to be covered include:

- How to set up your session
- Getting into the intuitive space

accredited practitioner program

- Dealing with a variety of clients
- Ethical practice
- Feedback and supervision on practice sessions

Minimum of 3 hours supervised practice on general public.

Mediumship and Intuition Circles

The purpose of the practice circles is to delve into the deeper levels of technique. By exploring how you typically sense things, ie visual, auditory etc you will hone and expand into other ways of sensing and experiencing.

Additional requirements

*attendance at a minimum of **2** Mediumship and Intuition Practice Circles

minimum of 1 chakra/energy balance session

minimum of 1 reading with Rebecca Mayhew

(both practitioner sessions paid at time of appointment. Student rates apply)

Additional mentoring is available if required.

Texts

Anodea, Judith "Wheels of Life"

Suggested complementary courses

Transformative Meditation. A regular meditation practice is a huge assistance in obtaining and maintaining a clear channel.

Certificate in Intuitive Awareness (Intuitive Awareness 1 and 3 would be exempt, plus Subtle Energy Systems of the Body).

Reiki 1 if you wish to explore energy healing further.