

certificate in shamanic practices

1 year program .can start anytime 2012

overview 2012

Ancient wisdom, modern practice

Shamanism (a generic term taken from peoples of central Russia) refers to a collection of the world's most ancient disciplines, dating back at least 40,000 years, for connecting with the divine, and with our own souls, for healing and for growing into emotional maturity.

Shamanism today explores altered states of consciousness, intensified feeling states, our inherent healing capacity, connection with our souls and techniques of ecstasy.

Why is it still of interest to modern people? Quite simply, because it works.

This course is designed as a series of integrated modules that explore different aspects of the foundation practices within this ancient system. Each module focuses on a different aspect of shamanism. Ours is a course built on the world's most ancient disciplines.

Who is this course for?

Whether you're interested in shamanic methods, practices and experiences as tools for your own growth and self-development or wanting to adapt and incorporate them into your work as a professional practitioner, you will learn how to become the "medicine maker" and follow your own path of healing and transformation by learning how to connect to the pure energies of Self, Nature and Spirit.

What makes this course unique?

Our course is built to maximise your learning experience. We provide a specific learning structure so that you can build knowledge and understanding which, at the same time, allows plenty of flow and flexibility for "experience opportunities" where you discover how what you have learned applies in your everyday life.

This course is a fusion of shamanic wisdom gathered from many ways – ancient and modern. Here it's all about knowing how to integrate and apply your shamanic training. We also offer the opportunity of an **overseas study tour** for people

who would like to deepen their shamanic experiences. Another great thing about this course is that it introduces you to shamanic practices from around the globe including our own beautiful indigenous culture.

Course structure

Each module is designed in such a way that you can choose to attend individual topics - a weekly class or a weekend workshop or participate in the whole module giving you a stronger, more robust understanding and experience of universal shamanism and shamanic practices.

Modules can be studied as stand-alone components or as building blocks to a whole course of study.

Course duration

This course is a 12 month part time program that can be started any term

Facilitators: Louise Gilmore, Harley Conyer, Jacqui Bushell

Term 1

Shamanism: The Power and Mystery
Shamanic Journey: The Medicine Wheel

Term 2

Shamanic Journey: Through the Chakras
Shamanic Healing Practices

Term 3

Shamanic Journey: Power Animal Dreaming
Plant Spirit Wisdom

Term 4

Shamanic Healing Journey
Shamanic Magic and Ritual

Shamanism: The Power and Mystery Weekend Workshop

In this workshop you will build the ground of your shamanic knowledge by learning about some of the shamanic practices that are common across cultures and traditions and how these practices are used. You will explore and practice some of the foundation processes, rituals and ceremonies that underpin shamanic practice as a life art and

as a healing modality. You will learn methods for shifting consciousness and training awareness to open your communication channels so that you can enter into a deeper listening relationship with Spirit; the shamanic view of power; the four cardinal directions and elements; shamanic states of consciousness and shamanic symbols.

Shamanic Journey: The Medicine Wheel Weekly Class

In this weekly class you will learn about, practice and refine the foundation skill of shamanic journeying which is common across many cultures and traditions. You will learn how to become more powerful in your day to day life whilst at the same time learning about the shamanic journey and the web of life. Through the learning framework of the Medicine Wheel you will learn how to work with power animals, power symbols, intention, the subtle energy bodies, levels of reality, expanding consciousness, illness, healing and divination to access and restore personal power.

Shamanic Journey: Healing Through the Chakras Weekly Class

This workshop brings together two ancient healing methods – Shamanic Journey and Chakra Healing. You will learn how to use Shamanic Journey as a personal healing, empowerment and divination tool whilst at the same time learning about the power centres of the body, how to channel and work with energy to balance and heal the chakras and enter into deep soul imagery by creating your personal power totem. Through this workshop you will learn more about the shamanic view of power and power loss, ways to use shamanic journey work in everyday life, refine your powers of perception and intuition and discover more about how you can access the sacred healing realms.

Shamanic Empowerment and Healing Practices Weekend Workshop

"We all spend a tremendous amount of psychic energy looking for lost parts of ourselves. We do this unconsciously, and we do this in many different ways – generating dreams and daydreams, experimenting with numerous spiritual paths, creating relationships that mirror back to us our missing parts." Sandra Ingerman
Shamanically speaking, illness represents a loss of one's power, a power intrusion or soul loss. These losses or intrusions can be the result of past experiences or choices that we have made.

Shamanic healing, therefore is primarily concerned with restoring lost power or lost souls.

During this workshop you will be invited to learn the significance of intention in healing oneself and supporting the healing process of others, to explore aspects of your own loss of power, and to be introduced to potentially powerful shamanic techniques for restoring that power.

Shamanic Journey: Power Animal Dreaming Weekly Class

In this six-session shamanic journeying course, we will focus on finding and deepening our relationship with our unique guardian spirit(s). In many cases these take the form of a traditional shamanic 'power' animal. Power animals are believed to be special guardians or guides whose role is to keep us healthy physically, emotionally, mentally and spiritually. The relationship with our special animal can become deep, warm, loving and even humorous as well as a source of guidance, support, healing and self-esteem.

Plant Spirit Wisdom 1 Day Workshop

Develop a profound relationship with flowers, trees and land. Plants have profound healing wisdom which we can build dynamic co-creative relationships with for healing, communicating and to be of service in our world. In this workshop we will explore ways of connecting and communicating with the plant world and nature energies through meditation, shamanic journeying and listening with all our senses. Find and connect with your own plant ally. Listen with and be guided by Nature.

Shamanic Healing Journey Weekly Class

In this six-week course we use the time-honoured technique of Shamanic Journeying to access sacred healing realms. From the shamanic or indigenous perspective, most forms of sickness in our ordinary lives, have a basic spiritual cause. Healing of the spirit can lead to dramatic improvement in body, mind and emotions. Shamanic or soul journeys offer ancient techniques to access information, guidance, support and healing. Through this course, we learn to bring these gifts back to help us manage our health in a more intuitively skilful way.

**Shamanic Magic and Ritual
1 Day Workshop**

Shamans are spirit workers who weave a soul path into health, wellbeing, joy, passion and intimacy with themselves, in relationships and with all of life. In this workshop we will complete the Certificate program by creating and working with some powerful shamanic tools. Through them, we will rediscover the magic of ancient technologies and rituals for healing, empowerment and guidance on our life's journey.

**Individual Development/Shamanic Healing
Sessions: Minimum 1 Per Term**

By its very nature, shamanic work is transformative. It can make considerable demands upon you as you learn to relate your experience to the theory. An individual processing session helps you to evolve your learning and support the integration of your learning into your daily life. It will help you to make sense of what is taking place in your inner world and how that might relate to changes in your external world. These sessions help you to explore your personal and learning challenges, work with your doubts, discover opportunities, support change and develop your strengths. They are designed to help you maximise your learning experience and to encourage and facilitate your ongoing self-development.

Required texts:

Ingam, Sandra, "Intro to Shamanic Journeying"