

certificate in shamanic studies

finding the modern shaman within

Starts February and again in July 2018

Overview 2018

Ancient wisdom, modern practice

Shamanism can take us from Heaven (our cosmic ancestry and the shared Pleiadian connections among traditional cultures worldwide) to Earth (the deeply joyful and restorative lower world where we meet our power animals and spirit guides) and other parallel worlds that offer awareness and guidance.

Many people today feel that their lives are flat, dry and sterile or stale and routine. But the souls of all of us, without exception, have their own landscapes that are vibrant, luscious and fertile.

This half-year course will help you to contact your own inner world and the indigenous in yourself, which has been waiting through time to welcome you home. It is based on knowing that no matter what our ancestry or life situations right now, we can contact the mystery of the soul that has been ours throughout our evolution. You will also learn to contact your 'helping spirits' in other realms who will help you live with skill and clarity.

Let's work together using the ancient, truthful pathways to rediscover our personal fragment of the unknown, the unique vision of our inner lives that are rich with beauty, meaning, surprises and healing power.

Who is this course for?

Anyone who is interested in improving their lives on all levels and wants to clear blocks and focus on a future of energy and wellness physically, mentally, emotionally and spiritually. It's also for people who want tried and true healing methods for their health problems, family relationships, workplace issues and to develop a like-minded community. You will learn how to become a "medicine maker" and follow your own path of transformation by learning how to connect to the pure energies of Self, Nature and Spirit.

Course duration

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This course is a half-year part time program

What makes this course unique?

Our course offers theory, which will allow you to clearly see how to bring these ancient practices into your present day life with it's modern concerns and responsibilities. More importantly, because shamanism is the path of 'direct revelation', you will have opportunities in every class to put what you are learning into practice.

This will allow you to develop trust in the wisdom and loving help offered by your power animals and spirit guides, who are just waiting for you to contact them. The practices come from shamanic traditions around the world that share many things in common.

Course structure

This course is intensive and delivers a lot of learning and experience in a short time. Each module is designed to build on the previous one, varying from weekend or one-day workshops or weekly classes, giving you a stronger, more robust understanding and experience of universal shamanism and shamanic practices.

Facilitators: Violeta Araya, Louise Gilmore, Jacqui Bushell, Leslie Kingsley

5 month program. Commences Feb and Jul.

Shamanism: The Power and Mystery - 2 days
 Shamanic Journey: The Medicine Wheel - 6 evenings
 Earth Spirit Wisdom - 1 day
 Working with our Light Bodies – cosmic ancestry and worldwide Pleiadian Connection – 1 evening
 Shamanic Journey: Power Animal Dreaming– 6 evenings
 Shamanic Drum and Movement – 1 evening
 Shamanic Magic and Ritual – 1 day

Shamanism: The Power and Mystery Weekend Workshop

This is the foundational workshop of the course in which you will begin to learn and understand the ancient background of shamanism and why it has become popular in the modern world (quite simply because it works). You will learn traditional

techniques for shamanic journeying – a very special way to enter altered consciousness – then you will learn the amazing shortcuts that work so well for today's more aware and sophisticated people. You will learn methods for entering a deeper relationship with Spirit; the shamanic view of power; the importance of directions and elements and an overview of the role of ritual.

Shamanic Journey: Medicine Wheel, Power Symbols and the 'Hollow Bone'

6 Thursday evenings

In this weekly class you will learn about, practice and refine the foundation skill of shamanic journeying which is common across many cultures and traditions. You will learn how to become more powerful in your day-to-day life, while learning and experiencing the personal changes that shamanic journeying can bring. Though the learning framework of the medicine wheel, the directions and the elements you will learn how to work with power symbols, levels of reality, fire ceremony, becoming the 'hollow bone' and restoring of personal empowerment.

Earth Spirit Wisdom – 1 day workshop

Develop a profound relationship with flowers, trees and land. Plants have profound healing wisdom which we can build dynamic co-creative relationships with for healing, communicating and to be of service in our world. In this workshop we will explore ways of connecting and communicating with the plant world and nature energies through meditation, shamanic journeying and listening with all our senses. Find and connect with your own plant ally. Listen with and be guided by nature.

Working with our Light Bodies – cosmic ancestry and worldwide Pleiadian Connection.

Understand our cosmic connections and the belief among shamanic traditions throughout the world that we share our beginnings in the star system called the Pleiades. Learn the ancient shamanic technique of transfiguration to express yourself as a being of light, connected with all that is.

Shamanic Journey: Dream Your World into Being with Power Animals and Guiding Spirits.

6 Thursday evenings

In this weekly shamanic journeying course, we will make deep connections with power animals who will fill you with energy and help you to heal the

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wounded parts of us. Power Animals are special guardians and Guiding Spirits are compassionate helpers whose role is to keep us healthy on all levels and guide our feet on our life path. Our relationship with them can become deep, warm, loving and even humorous though ceremonies, blessing, journeys and healing.

Shamanic Drum and Movement – 1 evening

Experience the ancient shamanic traditions of drum, chant, song, rhythm in close connection with nature.

Shamanic Magic and Ritual 1 Day Workshop

Shamans are spirit workers who weave a soul path into health, wellbeing, joy, passion and intimacy with oneself, within relationships and with all of life. You will learn to develop appropriate personal rituals to leave the past behind and apply your new energy to your future work in the world. Through them, we will rediscover the magic of ancient technologies for healing, empowerment and guidance on our life's journey.

Personal experience of Shamanic Healing

Required Minimum 3 shamanic sessions with Violeta Araya / Louise Gilmore
Healing, empowerment and life enhancing sessions include Power Animal Retrieval, Soul Retrieval, Soul Remembering, Healing our Life's Stories, Healing Unidentified Life Wounds, Connecting with our Ancestors, Returning Soul Parts to Others, Healing Ceremonies for Homes, Land and Communities, Dismemberment and Initiation Journeys and Transfiguration Ceremonies.

By its very nature, shamanic work is transformative. It can make considerable demands upon you as you learn to relate your experience to the theory. Individual processing sessions help you to evolve your learning and support the integration of your learning into your daily life. It's important for you to experience the power of shamanic healing in practice. They are designed to help you maximise your learning experience and to encourage and facilitate your ongoing self-development.

Required texts:

Ingerman, Sandra, "Intro to Shamanic Journeying". Includes a drumming CD.